

## Am I eligible for SNAP?

The first step is to check your family's gross income against the chart below. Gross income includes all the money a family brings in before deducting the cost of necessities such as shelter, transportation, medical expenses, child care, food and other costs.

### Maximum Gross Income Limits

Family Size	Monthly Income
1	\$1,670
2	\$2,246
3	\$2,823
4	\$3,399
5	\$3,976
6	\$4,553
7	\$5,129
8	\$5,706

**SNAP** applications must be filed with the Connecticut Department of Social Services. The Hispanic Health Council can help determine if you are eligible. Pre-screening is done on the phone or in person. We can help with the paperwork. It is important that you bring the following documents to your pre-screening appointment:

**Identification:**

- Birth certificate
- Driver's license or state identification card

**Proof of residency:**

- Utility bills (such as water, gas, electric)
- Rental agreement or mortgage statement showing your address

**Information about unearned income:**

- Bank statements

For help in Spanish and English call the Hispanic Health Council at 860.527.0856, ext. 250

